

Problem Gambling Warning Signs

- Have you ever felt the need to bet more and more money?
- Have you ever lied to people important to you about how much you gambled?
- Have you repeated unsuccessful efforts to control, cut back or stop gambling?
- Do you gamble as a way of escaping emotional or physical pain?
- Have you ever relied on others to provide money to relieve a desperate financial situation caused by gambling?
- Have you ever jeopardized or lost a significant relationship, job or career opportunity because of gambling?
- Have you gambled to get money with which to pay debts or to solve other financial problems?
- Have you borrowed money to finance your gambling?
- Has gambling ever made your home life unhappy?
- Do you gamble to try to get your money back?