



ADVANCED TRAINING: "Treating comorbid gambling disorder and trauma-related disorders"

Date: Friday January 18th, 2019

Location: Tucson, Arizona

6 CEU's available

Presenter: Gus Diggs, Ph.D.

When:

Friday January 18th, 2019

On-site Registration:

8:30am

Training: 9:00am-4:00pm

Where:

Hilton Tucson East

7600 E Broadway Blvd.

Tucson, AZ 85710

520-721-5658

Training Cost: \$50.00

**Please Call to Register;
space is limited!**

Contact:

Jay Herycyk 602-255-3888

**Arizona Department of Gaming
Division of Problem Gambling
1110 W. Washington, Suite 450
Phoenix, Arizona 85007**

Helpline: 1.800.NEXT STEP
www.problemgambling.az.gov

Course description: Dr. Diggs will be presenting on the treatment of comorbid gambling disorder and trauma-related disorders. Whereas research has started to analyze the relation between addictive and trauma-related disorders, relatively few studies have analyzed treatments for the concurrent treatment of both disorders. Dr. Diggs will provide an overview of evidence-based treatment for trauma-related disorders and discuss how components of these therapies may be integrated into treatment for gambling disorder. Insights gained from neuroimaging studies of addiction and PTSD will be introduced, and the implications of these studies on treatment will be explored. Dr. Diggs will also discuss treatment of gambling disorder specific to Veterans with trauma and provide insights from his work with the Veteran population.

Herman "Gus" Diggs earned his doctorate in clinical psychology from Southern Illinois University in 2014. He completed his pre-doctoral internship at the Veterans Affairs Maryland Healthcare System/ University of Maryland Consortium followed by a postdoctoral fellowship specializing in addictive behavior at the Louis Stokes Cleveland Department of Veteran Affairs



Medical Center. While on postdoc, he worked in the Gambling Treatment Program (formerly Brecksville), the first residential gambling treatment program in the VA/DOD. Dr. Diggs subsequently served as the PTSD-Substance use disorder psychologist at the Charles George Asheville VAMC, until he recently joined the Kernersville VA health care center as the psychology program manager. Dr. Diggs has a background in Motivational Interviewing, Motivational Enhancement therapy, mindfulness-based interventions and cognitive behavioral therapy for gambling disorders, and he is a VA regional trainer for

CBT for substance use disorders. He is also trained in cognitive processing therapy and prolonged exposure for the treatment of trauma-related disorders

