



High Stakes: College Gambling

Recommendations for College Educators, Counselors and Prevention Specialists

Screening

Include at a minimum the 2 question “Lie/Bet tool to rule out problem gambling behaviors any time a student is screened for any risky behavior for any reason.

“Lie/Bet” questions:

1. Have you ever felt the need to bet more and more money?
2. Have you ever had to lie to people important to you about how much you gambled?

Students who answer “yes” to one of these questions should be referred for further evaluation. For treatment providers in Arizona, call 1.800.NEXT.STEP (1.800.639.8783)

Awareness Campaign

- Educate campus **counseling services** and have materials available on problem gambling warning signs and resources for problem gambling side-by-side with information on other risky behaviors.
- **Curriculum infusion:** include problem gambling with addictions courses especially for incoming freshmen. Include responsible gambling guidelines.
- **Resident hall advisor training** to recognize warning signs of problem gambling and be familiar with resources.

Policy

- Enforce school policies related to underage gambling. If none exist, work to create them.
- Encourage participation in surveys and studies in order to elevate the knowledge of how gambling is affecting college-age students from anecdote to fact.

Our thanks to the Oregon Dept. of Health for permission to adapt their materials on college gambling.

**For free confidential information and referral
regarding a gambling problem, call**

1.800.NEXT.STEP (1.800.639.8783) or

www.problemgambling.az.gov