



## **ADVANCED TRAINING: "Exploring tools in addressing PTSD and trauma in problem gamblers & looking at strategies in engaging with families and couples involving a problem gambler. "**

**Date:** Friday October 20th, 2017

**Location:** Phoenix, Arizona

**6 CEU's available**

**Presenter:** John Von Eschen MA, LMFT

### **When:**

Friday October 20th, 2017

On-site Registration:

8:30am

Training: 9:00am-4:00pm

### **Where:**

**Wyndham Garden Inn**

**3600 N. 2nd Ave.,**

**Phoenix, AZ 85013**

Phone (602) 604-4900

**Training Cost: \$50.00**

**Course description:** This workshop will focus on understanding and identifying trauma that can often be associated with problem gambling and relapse, and the use of EMDR and other tools used to treat trauma and PTSD for problem gamblers. We will also explore how co-occurring disorders affect the problem gambler and how to deal with multiple addictions.

Additionally we will look at strategies in engaging and dealing with family members and couples in a therapeutic setting. Case studies will be examined and the underlying causes of addiction will be explored. The concept of a harm reduction model will be explored along with the pros and cons of the term, "harm reduction."

**Please Call to Register;  
space is limited!**

### **Contact:**

**Jay Herycyk 602-255-3888**

**Arizona Department of Gaming  
Division of Problem Gambling  
1110 W. Washington, Suite 450  
Phoenix, Arizona 85007**

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[www.problemgambling.az.gov](http://www.problemgambling.az.gov)



John Von Eschen has worked at Pathways Counseling Center in St. Paul, MN, as a problem gambling therapist since 2004 along with working as an AMRMS (adult mental health rehabilitation services) with the SPMI (serious and persistent mentally ill) population. John has worked with Northstar Problem Gambling Alliance since 2013 as an outreach worker, trainer and prevention specialist. John has spoken throughout the state to multiple groups to both staff and clients about the dangers of problem gambling to people in recovery, the trauma of addiction and focusing on healthy relapse prevention strategies. John shares openly about his personal journey in recovery and is honored to have the opportunity to discuss the therapeutic process with the providers in

Arizona.

